



The International Society for the
Advancement of Kinanthropometry

This is to certify that

Francisco Andrés Arancibia Toro

has attended an ISAK course at the
Daniela Estay Román
Viña del Mar, Chile

from 31/10/2025 to 02/11/2025
and has met all requirements for accreditation as a

Level 1
Anthropometrist

(TECHNICIAN - RESTRICTED PROFILE)

Acreditation valid until
02/03/2030

Professor Francisco Esparza-Ros
President ISAK

Professor Raquel Vaquero-Cristóbal
Secretary-General ISAK

Contents:
Kinanthropometry - History and Evolution
ISAK-IAAS Course Requirements
Ethics
Basic Anatomy
Instrumentation and Verification
Statistics
Body Composition
Somatotype
ISAK Metry
Practical training on anthropometric points and
ISAK restricted profile measurement technique.

Training hours:
60 hours



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